Anglicare Victoria

MEN'S BEHAVIOUR CHANGE PROGRAM

THE PROGRAM

Men are invited to take part in Anglicare Victoria's Men's Behaviour Change Program.

Family Violence is a problem often hidden within the confines of the home but the fear and destruction to individuals and the family can be enormous.

Learning to stop abusive and controlling behaviour and replace them with assertive, nurturing and caring ones, mean everyone wins.

The following information includes important times, telephone numbers and answers to commonly asked questions about our program.

AIMS OF THE MEN'S BEHAVIOUR CHANGE PROGRAM

- For men to stop using abusive, violent and controlling behaviour.
- For men to accept full responsibility for their behaviour.
- For men to manage their intense feelings safely.
- For men to develop and maintain nurturing and caring relationships with women and children.

It can be a difficult road to travel but most men find the journey rewarding. Some men who have completed the program, have returned to help and encourage other men.

CONFIDENTIALITY

Issues discussed in the groups and with program staff are confidential except where Duty of Care applies.

STAFFING

All group leaders are qualified in:

- Social Work
- Welfare
- Psychology
- Men's Behaviour Change

GROUP TIMES AND VENUES

Groups are held online:
Attendance in online group requires a device with a screen 18cm or larger.
Groups are generally 6 to 8pm.

Individual Case Management is also available where required.

The Men's Behaviour Change Program is a 20 week program, with two individual needs assessments prior to participating, and an individual review appointment after 10 weeks and at the end of the group program.

CONTACT DETAILS

Anglicare Victoria 9735 6100
easternFVintake@anglicarevic.org.au
The Orange Door - Goulburn 1800 634 245
The Orange Door - Wallan 1800 319 355

PEAK BODY

This program is a member of the 'No to Violence' for Prevention of Male Family Violence Incorporated, and observes their standards of practice.

ATTENDANCE REPORTS

Attendance reports will be provided upon request to the relevant departments. Please give at least one week's notice.

CONTACT WITH FAMILY MEMBERS

The Men's Behaviour Change Program offers support to all family members and will contact partners by telephone.

EVALUATIONS AND INDIVIDUAL REVIEW APPOINTMENTS

At the end of the group programs, an evaluation provides feedback for the leaders and contributes to continual program development. An individual review appointment will be made with you on the completion of the group program. The purpose of the review is to make sure the program has met your needs and that women and children are safe.

BETTER TOMORROWS